

## Anticipatory Guidance for Pediatric Oral Health

Anticipatory Guidance Area	Well Child Pediatric Visit Interval			
	6 Month	12 Month	18 Month	24 Month
<i>Oral Development</i>	<ul style="list-style-type: none"> <li>• First tooth erupts</li> <li>• Discuss teething do's and don'ts</li> <li>• Instruct parents in oral anatomy</li> </ul>	<ul style="list-style-type: none"> <li>• Should have 8 primary teeth</li> <li>• If no teeth yet, rule out systemic problem; refer if indicated</li> <li>• Exam for tooth defects, signs of abuse</li> </ul>	<ul style="list-style-type: none"> <li>• Should have 12-16 teeth</li> <li>• Should be caries free; if not, needs immediate referral</li> </ul>	<ul style="list-style-type: none"> <li>• Should have all primary teeth present or erupting</li> <li>• Should not have caries or occlusal disharmony (open bite)</li> </ul>
<i>Oral Hygiene</i>	<ul style="list-style-type: none"> <li>• Parent should be brushing teeth</li> </ul>	<ul style="list-style-type: none"> <li>• Parent should be brushing teeth</li> </ul>	<ul style="list-style-type: none"> <li>• Parent should still be brushing teeth</li> </ul>	<ul style="list-style-type: none"> <li>• Parent should still be brushing teeth</li> </ul>
<i>Fluoride Adequacy</i>	<ul style="list-style-type: none"> <li>• Evaluate fluoride status</li> </ul>	<ul style="list-style-type: none"> <li>• Reevaluate fluoride status/vehicle</li> </ul>	<ul style="list-style-type: none"> <li>• Reevaluate fluoride status/vehicle</li> </ul>	<ul style="list-style-type: none"> <li>• Reevaluate fluoride status/vehicle</li> </ul>
<i>Habits</i>	<ul style="list-style-type: none"> <li>• Discuss pacifier safety</li> </ul>	<ul style="list-style-type: none"> <li>• Educate about dental changes with prolonged pacifier use</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluate habit effects</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluate habit effects</li> </ul>
<i>Injury Prevention</i>	<ul style="list-style-type: none"> <li>• Walking safety</li> <li>• Childproofing</li> </ul>	<ul style="list-style-type: none"> <li>• Dental emergency procedures home and office</li> </ul>	<ul style="list-style-type: none"> <li>• Dental emergency procedures outside home</li> </ul>	<ul style="list-style-type: none"> <li>• Dental emergency procedures outside home</li> </ul>
<i>Nutrition</i>	<ul style="list-style-type: none"> <li>• Discuss sleeping with bottle</li> <li>• Discuss weaning from bottle by 12 months</li> </ul>	<ul style="list-style-type: none"> <li>• Should be off bottle</li> <li>• Should not be sleeping with bottle</li> <li>• Discuss daycare feeding</li> <li>• Discuss sippy cup</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluate snacking and sugar intake</li> <li>• Recommend suitable snacks</li> <li>• Discuss daycare feeding</li> </ul>	<ul style="list-style-type: none"> <li>• Evaluate snacking and sugar intake</li> <li>• Discuss daycare feeding</li> </ul>